

TEXAS SWIMMING



2022 TECHNIQUE CLINIC INFORMATION PACKET

WELCOME

Welcome to the 2022 Texas Swimming Technique Clinic! On behalf of head women's coach Carol Capitani, assistant women's coach Mitch Dalton, and associate head coach Wyatt Collins, we wish to welcome you to the University of Texas at Austin. We are excited to have you attend, and know you will come away more excited than ever about your swimming! The clinic is intended to help you learn new "skills and drills," refresh your technique, and supplement your club, high school, or summer league program. This packet contains important clinic information, and will answer many questions that may come up prior to your arrival. Please read it carefully!

If you have any questions prior to April 10, please contact Jon Alter, Clinic Director. We hope you are excited about being in the BEST swimming environment in the nation! Enjoy the top-notch coaches and athletes, world-class UT facilities, and the experience you will have! We look forward to seeing you. Hook 'Em Horns!

CONTACT INFORMATION

Jon Alter
Clinic Director

Phone: (512) 475-8652
Fax: (512) 232-1273
E-mail: Longhornswimcamp@athletics.utexas.edu

Mailing Address

Please check the address below to make sure your paperwork (if applicable) gets to the right place:

Standard USPS mail:

Longhorns Swim Camp | Texas Athletics | P.O. Box 7399 | Austin, TX 78713-7399

Overnight Mail / Deliveries using FedEx, UPS, DHL:

**Longhorns Swim Camp | The University of Texas at Austin | Texas Athletics |
2139 San Jacinto Blvd. | RMRZ Room206B | Austin, TX 78712**

SCHEDULE

NOTE: The Texas Swimming Center will not open until 8:45 a.m. for check in.

9 a.m.	Check in & registration at The Lee & Joe Jamail Texas Swimming Center
10 a.m. – Noon	Pool Session #1
Noon – 1 p.m.	Lunch; Q&A with coaches
1 – 3 p.m.	Pool Session #2
3 – 3:15 p.m.	Break
3:15 – 3:45 p.m.	Starts
3:45 – 4 p.m.	Clinic wrap up
4 p.m.:	Clinic closes

SAFETY

All employees have undergone a criminal background check and have been trained in child abuse awareness. To ensure the safety and privacy of our campers we have designated camper locker rooms that only they can use throughout the duration of camp. We will also have an athletic trainer present.

We **STRONGLY RECOMMEND** that all swimmers wear a face covering when not in the water.

COVID-19 TEST RESULTS

ALL clinic attendees must present a negative COVID-19 test result taken within 72 hours of arrival regardless of vaccination status. A rapid or PCR test may be submitted, and home testing kits are approved. This must be presented at check in to gain deck access.

If using a home test kit, we recommend not testing until **SUNDAY** morning prior to arrival, as results can be seen in about 15 minutes. A time/date stamped photo of the result and test key (results can fade) must be presented with the original test at check in.

ONLINE CAMP ACCOUNT

ALL clinic attendees have an online Active.com camp account created if this is the first time registering with the clinic or the Longhorns Swim Camp. Your online account allows you to print statements for flexible spending accounts/tax purposes, check your medical forms status, and update your camper information.

To access your account:

1. Go to www.longhornswimcamp.com
2. Click “Account Log In” located at the top right of the page.
3. Enter your username (e-mail address used during registration) and password (case sensitive). If you do not remember your password, click “Forgot your password” and follow the steps to reset it.

Update camper information (contact information, etc.):

1. Log in to your account.
2. Edit your camper’s registration form.

FEES & PAYMENTS

ALL clinic fees and completed forms must be paid and submitted to guarantee space. Clinic fee includes coaching, facility use, clinic t-shirt, and swim cap. Payments must be made by credit card only.

Cash CANNOT be accepted at any time.

CANCELLATIONS & REFUNDS

Please direct all questions regarding the payment of fees, clinic policies, and information to Jon Alter at (512) 475-8652 or longhornswimcamp@athletics.utexas.edu.

Cancellations after March 30 will receive a full refund of camp fees less a \$50 administrative fee. There will be no refunds for any portion of the camp fee after April 8, 2022 for reasons other than documented medical conditions. There are no refunds for a “no show.” There are no refunds if a camper leaves early or is sent home for disciplinary reasons.

Medical cancellations have 5 days from the date of notification to provide a physician’s note to the camp. Medical refunds will still have the \$50 administrative fee deducted from their refund amount.

Cancellations meeting the refund policy will credit the original credit card used for payment.

As a courtesy, please notify the clinic director immediately if you are unable to attend.

CHECK IN: Sunday, April 10, 2022; 9 a.m.

Check in will take place at the main entrance of the Lee & Joe Jamail Texas Swimming Center, located at the corner of Trinity and Martin Luther King Blvd. Enter the swim center thru either the “Athlete Entrance” shown on page 5, or the street entrance on MLK Blvd. directly across from the Trinity Parking Garage.

Check out <http://www.tsc.utexas.edu> for maps and directions. Map also provided on page 5.

Swimmers will present their negative COVID-19 test result, and pick up their clinic t-shirt and cap at check in. Please note that the pool deck area will not open until 9:30 a.m. Attendees checking in prior to 9:30 will be required to wait in the spectator seating area until the pool deck opens.

SPECTATORS

Spectators are currently not allowed to observe any clinic sessions. If the University updates this policy, we will let everyone know as soon as possible.

Parents may wait with their swimmer in spectator seating until the deck opens at 9:30 a.m. At that time, they must exit the facility. For pick up, we ask that only ONE parent enter the facility to pick up their swimmer in the main lobby area. There is no waiting in spectator seating.

TRANSPORTATION

Clinic attendees are responsible for ALL transportation (air and ground) to/from the clinic. Austin-Bergstrom International Airport is the Austin airport.

WHAT TO BRING: EQUIPMENT & APPAREL

The Clinic and the Jamail Texas Swimming Center assume no responsibility for lost or stolen items. Please leave expensive/sentimental items at home.

Training equipment such as fins, kickboards, paddles, snorkels, etc. are not needed. Swimmers should bring a swim bag for their belongings. All bags will be brought out on deck and stored in the bleacher area.

ITEMS to BRING

1-2 SWIMSUITS

1-2 TOWELS

GOGGLES

SWIM BAG/BACKPACK

WATER BOTTLE

CAPS (if worn)

Sweatshirt/pants/ warm clothes (the pool deck can get chilly)

LUNCH & SNACKS

(Optional) Plain, white cap with swimmer's name in large block letters (if worn).

Printing the camper's first name or nick name on a plain, white swim cap in large (3"-4"), black, waterproof, block letters on both sides helps us identify people in the water, and to get to know them faster, but is optional. *Participants are not required to wear a cap.*

PARKING AT THE UNIVERSITY OF TEXAS AT AUSTIN

- There is **NO** free parking on the University of Texas campus at any time.
- Interactive maps available at: <http://www.longhornswimcamp.com/maps.html>
- The University of Texas requires a UT parking permit **AT ALL TIMES** (including weekends) for parking on campus.
- If you park on campus without a permit at **ANY** time, you will be ticketed and possibly towed. Please observe posted signs carefully. The Camp cannot help with any parking citations from University Parking and Transportation Services or the City of Austin. Please see the map to the Texas Swimming Center (TSC) below. Campus maps may be found online at: www.utexas.edu/maps. Parking information and visitor maps can be found at the UT Parking and Transportation Web site: <http://www.utexas.edu/parking/>

Parking to observe camp sessions at the Texas Swim Center is available at the Trinity parking garage (TRG – see map) located at the corner of Martin Luther King, Jr. Boulevard (MLK), and Trinity (directly across from the Swim Center). *This is the best way to observe clinic sessions and avoid parking citations.* There are also parking meter spaces located on Trinity and San Jacinto south of MLK, as well as state parking lots and garages (which are typically free on Sundays) – but always check posted signs to be sure.



REQUIRED MEDICAL FORMS

Due by April 6, 2022

You will receive an e-mail confirming receipt of your forms from DocuSign, and if anything is needed to complete them.

- These forms are intended to ensure the camper has the best experience possible, and allow the camp staff to provide immediate and appropriate care.
- **Medical forms are electronically completed, signed, and submitted thru DocuSign, a secure document handler extensively used by The University of Texas.**
- **Campers will not be allowed to check in & participate unless ALL forms are complete and on file with the clinic PRIOR TO ARRIVAL.**
- **Completed forms and payment of fees must be received to guarantee clinic space. Final payment of fees and completed forms hold your initial reservation.**

MEDICAL HISTORY, MEDICATIONS and MEDICAL CARE

The Clinic is able to dispense medications (prescription or over-the-counter) to your child if it is necessary during camp if we have the appropriate paperwork. OTC medications include prescription medications such as antibiotics and asthma inhalers in addition to over-the-counter medications such as Tylenol, Advil, vitamins, and homeopathic remedies. However, before any medication is dispensed, we must have the following information from you:

- A completed Permission to Dispense section of the required medical forms.
- Deliver all medications to the athletic trainer the first day of camp in the original prescription bottle or in clearly marked containers which include the camper's name, medication, dosage and time of day medication is to be given. Zip-loc bags work great to keep all medications together. Please mark the outside of the bag with the camper's name.
- Verbally communicate with the athletic trainer regarding specific instructions for dispensing medication during the first day of camp.
- If the camp athletic trainer will help in dispensing medications, they will arrange times to help administer to the camper.
- **The "PERMISSION TO DISPENSE" allows the camp staff to dispense listed prescription and approved over the counter medications to the camper while at camp. Even if the camper is currently not on any prescriptions or taking any OTC medications – please sign this form in the event they must get a prescription or need OTC meds while at camp.**

This form is also used to list any medications your camper will keep and self-dispense while at camp. This includes ALL medications, including inhalers and epi-pens.

Inhalers should be brought on deck during all training sessions, and be kept with campers at all times.

Campers with epi-pens should always have one in their swim bag.

The Camp will always call parents to notify them of any medical condition, health concerns, permission for physician's visits, OTC medications, emergency situations, and consultation.

In order for your child to carry and self-administer medication during camp, you must affirm and agree that:

1. Your child has been instructed in the proper use of the medication and is physically, mentally, and behaviorally capable of administering the medication on his/her own without camp personnel supervision.
2. Your child has an adequate supply of the medication for the duration of the camp and has the ability to properly store and secure the medication.
3. Your child will use the medication only as prescribed by a physician and/or according to dosage instructions and will not share or otherwise provide medication to any other camper.
4. Your child understands and agrees that failure to abide by this agreement constitutes a violation of camp rules that will result in disciplinary action, up to and including removal from camp.

We take the care and well-being of your child very seriously! Please be as candid as possible with the camp regarding medical, physical, or psychological history which may restrict the camper or require special handling. We have managed campers with serious chronic problems without incident because we were aware of the situation. Please help us to help your child have a great experience.

YOUTH PROTECTION PROGRAM

All summer programs involving minors at The University of Texas at Austin follow guidelines set forth by the Youth Protection Program (YPP). The purpose of the YPP is to promote the safety of minors participating in camps or programs on university premises or participating in those programs sponsored or supported by the University. All camps and programs work closely with the YPP Manager to ensure that every program operates in accordance with all of the university's policies, rules and regulations, as well as the laws of The State of Texas regarding the safety of minors. More information about the YPP is available online at www.youthprotectionprogram.utexas.edu, and questions can be directed to the YPP Manager at ypp@utexas.edu.

CAMPUS CONCEALED CARRY

On June 1, 2015, Gov. Greg Abbott signed S.B. 11, also known as the "campus carry" law. S.B. 11 provides that license holders may carry a concealed handgun throughout university campuses, starting Aug. 1, 2016. The law gives public universities some discretion to regulate campus carry. The University of Texas at Austin and President Jay Hartzell take issues surrounding guns on campus very seriously and will strive to create policies that conform to the new law, protect the rights of citizens and ensure the safety and security of the entire campus.

S.B. 11 provides that after consulting with students, staff and faculty regarding "the nature of the student population, specific safety considerations and the uniqueness of the campus environment" the university may enact reasonable rules and regulations regarding:

- carrying of concealed handguns by license holders on campus; and
- storage of handguns in dormitories or other residential facilities

The law stipulates, however, that these rules and regulations may not either "generally prohibit" or "have the effect of generally prohibiting" license holders from carrying concealed handguns on campus. The purpose of the Youth Protection Program (YPP) is to protect all minors in their university- sponsored activities and interactions involving members of The University of Texas at Austin community. Pursuant to S.B. 11 (the "Campus Carry Law"), the YPP Policy prohibits the carrying of a concealed handgun by any person involved in a University of Texas at Austin camp/program for minors. This Policy also applies to parents and guardians who are visiting or transporting a participating minor to and from camps/programs at The University of Texas at Austin.

PURSUANT TO SECTION 30.06, PENAL CODE (TRESPASS BY LICENSE HOLDER WITH A CONCEALED HANDGUN), A PERSON LICENSED UNDER SUBCHAPTER H, CHAPTER 411, GOVERNMENT CODE (HANDGUN LICENSING LAW), MAY NOT ENTER THIS PROPERTY WITH A CONCEALED HANDGUN.

Please see the Campus Carry Implementation (www.campuscarry.utexas.edu/) website for more information." Social Media Communication.

COMMUNICATION AND SOCIAL MEDIA WITH CAMP STAFF

Designated individuals (staff) will set their social media accounts to private for the duration of the camp. Personal emails, text messages, phone calls, and private social media communications with campers are not allowed. Campers may stay in contact with the camp director, faculty or staff via the camp/program social media accounts on Facebook, Instagram, and Twitter. Personal emails, text messages, phone calls, and private social media communications with camp staff and faculty are not allowed.

REMEMBER:

- **CLINIC PARTICIPANTS WILL NOT BE ALLOWED TO CHECK IN OR PARTICIPATE IN ANY CLINIC ACTIVITY UNTIL ALL CLINIC FORMS ARE RECEIVED AND COMPLETE AND A NEGATIVE COVID-19 TEST RESULT IS PRESENTED AT CHECK IN.**
- **CAREFULLY COMPLETE REQUIRED FORMS. ONCE SIGNED AND SUBMITTED, THEY CANNOT BE MODIFIED, AND ANY CHANGES MUST GO THRU THE CAMP OFFICE. WE WILL SEND YOU A NEW FORM(S) TO RESUBMIT FOR NEW OR OMITTED INFORMATION.**
- **CHECK THE FORM STATUS SECTION IN YOUR ONLINE ACCOUNT TO VERIFY RECEIPT OF PAPERWORK. YOU WILL ALSO RECEIVE AN E-MAIL CONFIRMATION FROM DOCUSIGN.**